### **ORIGINAL PAPER**

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# Units of information on dynamic message signs: a speed pattern analysis



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#### **Abstract**

A single unit of information is an answer to any anticipated question a motorist may ask. Such questions include: "What happened? Where? What do I do?" This study, a first of its kind, analyzes the optimum number of units of information Dynamic Message Signs (DMSs) should display to influence driver speeding behavior. A 155-mi<sup>2</sup> virtual road network of the Baltimore-Washington Parkway (MD-295) in Maryland was developed for use with a medium-fidelity driving simulator, and 65 participants took part in the study. Six scenarios featured DMSs displaying 2–7 units of information, interchangeably, and a total of 296 simulation sessions were conducted. Mean speeds are calculated over five different phases: the initial speed area, visible area, readable area, lost legibility area and post DMS area. Analysis of variance (ANOVA) and post-hoc analysis showed that participants tend to accelerate as soon as they lose sight of the DMS displaying 2–3 units of information and continue to do so after they pass the DMS. An ordinary least squares (OLS) regression analysis reveals that participants older than 55 slow down the most when they encounter DMSs with 6–7 units of information. Participants in the age group of 26–35 tend to increase speeds, especially when a DMS displays 2–4 units of information. This suggests that the comprehension time is low when there are fewer units of information on a DMS. Too little information may be unclear or ambiguous whereas too much may be hard to comprehend and cause drivers to slow down.

Keywords: Driver behavior, Driving simulator, Speed study, Dynamic message signs, Units of information

#### 1 Introduction

In contemporary times, Dynamic Message Signs (DMSs) also called Variable Message Signs (VMSs) are a common sight on highways. Transportation agencies in different states use these signs to display traffic-related information involving current traffic conditions, work zone hazards, travel time and incidents, among others. DMSs improve freeway operations, are efficient and assist in traffic control [1, 2]. State highway authorities consider DMS an effective tool for communicating with drivers [3]. As an integral part of advanced transportation systems, DMSs also help drivers make quick travel decisions and improve mobility and safety. Numerous works of research have been carried out studying distracted driving patterns involving DMSs and their impact on speed variation [1-11]. Drivers may need to give more attention and time to read the DMS [12-15], which is why drivers sometimes slow down near a DMS,

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affecting traffic flow [16]. One such study based on a survey revealed that 90% of the drivers would at least sometimes slow down when approaching an active DMS [10]. Another study, that was based on radar readings near a DMS, found that drivers tend to slowdown as they approach a DMS, with radars that are placed nearer to the DMS recording more reduction in speed [17]. Furthermore, a DMS might cause an unintentional increase in travel speed, as was observed by Chatterjee et al. [18]. In this study, through field trials in London and Turin, it was observed that a DMS, with an immediate incident warning sign, results in an increase in the travel speed by around 3%, on average, as drivers wanted to balance the anticipated delays. Thus, researchers are looking into the content of a DMS so that the expected advantages of a DMS do not turn into disadvantages like slowdowns, delays or even crashes [12-14]. Standard guidelines define "message load" as the units of information in the entire message, a measure of the amount of total information displayed in a message [19, 20]. One unit of information can be described as an answer to a



Fig. 1 Driving Simulator at the SABA Center, Morgan State University

query a motorist might have or a piece of data that they can recall and utilize to make a decision. For example, the following anticipated queries involve six units of information: "Where? (STADIUM), how long? (30 MIN), which route? (VIA US-1), how long? (20 MIN), which route? (VIA MD-295), how long? (15 MIN)." Each unit of information is usually one or two words and typically less than five words, as the average motorist cannot comprehend more than one unit of information each second [19, 20]. The authors found several studies stating the importance of length of messages on a DMS but were unable to find studies focusing on the importance

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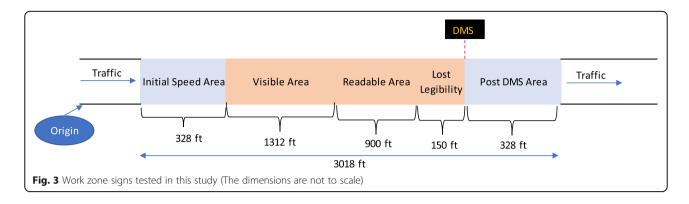
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Fig. 2 The Study Corridor

of DMSs based on units of information. This study, in a first of its kind, investigates the influence of units of information on a DMS display on driver speeding behavior. Nowadays, researchers have been using the evolving driving simulator (DS) technology to investigate driver behavior under various conditions [4, 6, 8, 10, 11, 21–27] and as such, this study uses a medium-fidelity driving simulator to conduct this speed study.

The influence of DMSs on driver behavior depends on different factors, which include low visibility, weather conditions, age, and length of the message and display time [4, 10, 28-31]. In some cases, after reading the DMS, motorists increased their speed upon passing the DMS to account for speed loss during the slowdown [9]. Some studies show that drivers older than 35 have a higher possibility of speed reduction while encountering a DMS [4]. A driver's ability to read and understand a message can vary significantly based on age, and older drivers need more time to read as well as understand the information on a DMS [5]. Some studies argue that older drivers are more experienced while younger drivers tend to be easily distracted, but younger drivers have quicker processing and reaction times and are more familiar with technology [4]. Studies also show that drivers with higher education levels read and try to follow the DMS [4] compared to drivers for whom English is not their first language or drivers who are less educated [3]. Another study suggested that female drivers are less likely to follow the DMS; while business travelers tend to adhere to a DMS more than regular commuters [32]. Analytical results show that the average speed changing behavior is 2 to 25 km/h in the presence of VMSs compared to locations without VMSs [6]. These results also show that there is a reduction in speed ranging from 11 to 15 km/h before, at and after VMS locations compared to locations without VMSs [6].



A study by Haghani et al. [7] shows that driver speeding behavior is also influenced by the type of message. Drivers slowed down the most when encountering warning messages. Comparatively, they did not slow down as much when encountering regulatory messages and non-traffic related messages. DMSs displaying messages like "Prepare to Stop" and "Stopped Traffic Ahead" resulted in a maximum decrease in speeds [8]. A drivers' survey showed that messages displaying speed limits and work zone incidents were preferred and participants were more likely to follow them. The results from the drivers' survey reinforced the fact that these signs were effective in reducing vehicular speeds [8]. Moreover, a study in Finland using traffic monitoring stations found that a "slippery road" sign led to a speed reduction of 1.2 km/hr. and 2.1 km/hr. when the sign was flashing; while a "minimum headway" sign led to only a 1 km/hr. reduction in speed [33].

The size of messages or repetition also influences driver behavior. Some DMSs display messages in more than one phase with lots of information which also causes a slowdown [10, 29]. Though the repetition of messages has no significant effect on speed or route

Table 1 Units of Information used for analysis

Information on DMS	Messages			
2-3 units	10 MI 25 MIN	RCADWORK AHEAD  1 M  LEFT LN CLOSED		
4 units	ROADWORK PAST I-195 LEFT LN CLOSED KEEP RIGHT	CRASH I-95 PAST I-195 STAY ON MD-295		
5 units	CRASH I-95 PAST I-195 STAY ON MD-295 SAVE 10 MIN	CRASH I-95 PAST 1195 15 MIN DELAY STAY ON MD 295		
6-7 units	STADIUM 28 MIN VIA US-1 15 MIN VIA MD-295 12 MIN	10 MI VIA US-1 25 MIN VIA I-95 30 MIN VIA MD-295 20 MIN		

choice [28], the display time is an essential factor to allow drivers to read the DMS. Sometimes traffic delays can be a result of a chain reaction of vehicles slowing down due to a DMS [11]. The placement of the DMS sign also affects driver's behavior. Though some studies did not find any relation between speed reduction and traffic congestion due to DMS, only 17% of cases resulted in speed reduction while in 83% cases, there was an increase in vehicle speed or no change at all [7].

#### 2 Methodology

#### 2.1 Scenario/network design

To investigate the influence of units of information on a DMS on driver speeding behavior, a medium-fidelity driving simulator (Fig. 1) at the Safety and Behavioral Analysis (SABA) Center at Morgan State University was used. A virtual realistic environment on MD-295 was created using the software VR-Design Studio developed by FORUM8 Co. [34]. Data such as acceleration, braking, steering control and speed were recorded in real time by the FORUM8 software.

MD-295, a state highway connecting Washington, D.C., to Baltimore, Maryland, with a posted speed limit of 55 mph, was chosen for this study. The study area of 52 mi<sup>2</sup> extended from MD-100 to beyond I-695 on MD-295. MD-295 past MD-100 starts with two 12-ft lanes and expands to three 12-ft lanes past I-195. The study area and the location of the DMSs are shown in Fig. 2.

Five phases of speeding behavior were tested as the vehicles approached and passed the DMS. The initial speed area and the post DMS areas are arbitrary distances of 328 ft (100 m), when the participant is at or above the posted speed limit in the initial phase, and the final phase is when the participant has crossed the DMS. The visible area and readable areas are the distances at which the signs become visible and legible as perceived by the participants. The lost legibility distance is when the participant loses visibility of the DMS before they reach the sign. The phase distances can differ depending upon various factors such as road geometry, size of the sign,

**Table 2** Socio-demographic Characteristics of the Participants

Variables	Description	Percentage
Gender	Male	55%
	Female	45%
Age	18–25	33%
	26–35	39%
	36–45	11%
	46–55	10%
	> 55	7%
Familiarity with Study Area	Yes	57%
	Somewhat	29%
	No	14%
Education	High School or less	14%
	Associate Degree	15%
	Undergraduate student	36%
	Undergraduate degree completed	11%
	Post Graduate student	15%
	Post Graduate degree completed	9%
Household Income	< \$20,000	42%
	\$20,000 - \$29,999	15%
	\$30,000 - \$49,999	23%
	> \$50,000	20%

**Table 3** Descriptive statistics and ANOVA of different phases by units of information

Information on	DMS	Ν	Mean Speed (mph)	Std. Deviation	F	Sig
6–7 units	Initial Speed	54	39.98	7.88	0.301	0.877
	Visible Area	54	38.9	7.76		
	Readable Area	54	38.51	8.25		
	Lost legibility	54	38.47	8.56		
	Post DMS Area	54	38.94	8.31		
5 units	Initial Speed	41	39.21	3.84	0.693	0.598
	Visible Area	41	38.95	2.88		
	Readable Area	41	38.32	3.37		
	Lost legibility	41	38.08	5.14		
	Post DMS Area	41	38.16	3.78		
4 units	Initial Speed	77	39.14	4	0.902	0.463
	Visible Area	77	38.5	3.48		
	Readable Area	77	38.53	4.25		
	Lost legibility	77	38.88	4.86		
	Post DMS Area	77	39.62	4.74		
2-3 units	Initial Speed	124	39.84	7.48	6.745	0.000*
	Visible Area	124	38.68	7.61		
	Readable Area	124	38.48	8.01		
	Lost legibility	124	43.74	8.38		
	Post DMS Area	124	43.96	8.17		

<sup>\*</sup>Statistically significant as P < 0.05 at 95% Confidence Interval

**Table 4** Tukey's Post Hoc Analysis – 2-3 units of information

Information on DMS	Phase		Mean Difference (I-J)	Std. Error	Sig.
2–3 units	Initial Speed	Visible Area	1.153	1.590	0.936
		Readable Area	1.351	1.590	0.891
		Lost legibility	-3.903	1.590	0.063
		Post DMS Area	-4.130 <sup>a</sup>	1.590	0.042
	Visible Area	Initial Speed	-1.153	1.590	0.936
		Readable Area	0.197	1.590	1.000
		Lost legibility	-5.056 <sup>a</sup>	1.590	0.006
		Post DMS Area	-5.283 <sup>*</sup>	1.590	0.003
	Readable Area	Initial Speed	-1.351	1.590	0.891
		Visible Area	-0.197	1.590	1.000
		Lost legibility	-5.254 <sup>a</sup>	1.590	0.004
		Post DMS Area	-5.481 <sup>a</sup>	1.590	0.002
	Lost legibility	Initial Speed	3.903	1.590	0.063
		Visible Area	5.056 <sup>a</sup>	1.590	0.006
		Readable Area	5.254 <sup>a</sup>	1.590	0.004
		Post DMS Area	-0.226	1.590	1.000
	Post DMS Area	Initial Speed	4.130 <sup>a</sup>	1.590	0.042
		Visible Area	5.283 <sup>a</sup>	1.590	0.003
		Readable Area	5.481 <sup>a</sup>	1.590	0.002
		Lost legibility	0.226	1.590	1.000

a. The mean difference is significant at the 0.05 level

perception and traffic ahead, among other things. The road geometry remains unchanged throughout MD-295 except when the lanes expand from two to three lanes past I-195 while the sign dimensions are consistent throughout. Although, the Manual on Uniform Traffic Control Devices (MUTCD) was consulted to adhere to the sign visibility guidelines, being a driving simulator, it is not possible to affirm to it, as visibility of the sign would be dependent on what the participant's see on the simulator screens. Hence, the distances used for analysis for the five phases were measured by three independent people as they perceived them, and these distances were averaged and used for all subsequent calculations. The different phases along with the signs used are shown in Fig. 3.

The traffic for this study was set to Level of Service (LOS) C as defined by the Highway Capacity Manual

(HCM), to mimic commuting hours, albeit without any incidents, at least a mile before DMS placement, and to capture true initial speed before the DMS becomes visible. A total of 65 individuals from different socioeconomic backgrounds participated in the study and drove through 296 simulation sessions over six scenarios. Each of the six scenarios had two DMS messages, displaying a mix of 2–7 units of information. Examples of some units of information used in this study are shown in Table 1.

#### 3 Survey questionnaires

Prior to the start of the simulation sessions, a sociodemographic survey was filled out by all participants. Essential information such as age, gender, education level and household income, etc., was recorded through the survey. The survey responses were used to investigate

 Table 5 Descriptive statistics and ANOVA of different DMSs by units of information

Information on DMS	N	Mean Speed (mph)	Std. Deviation	F	Sig
6–7 units	270	38.96	8.11	6.873	0.000*
5 units	205	38.55	3.86		
4 units	385	38.93	4.29		
2–3 units	620	40.94	7.91		

<sup>\*</sup>Statistically significant as P < 0.05 at 95% Confidence Interval

Table 6 Tukey's Post Hoc Analysis - All units of information

Information on DMS			Mean Difference (I-J)	Std. Error	Sig.
All units	6–7 units	5 units	0.414	0.816	0.957
		4 units	0.025	0.699	1.000
		2-3 units	- 1.980 <sup>a</sup>	0.642	0.011
	5 units	6–7 units	-0.414	0.816	0.957
		4 units	- 0.389	0.761	0.957
		2-3 units	-2.394 <sup>a</sup>	0.709	0.004
	4 units	6–7 units	-0.025	0.699	1.000
		5 units	0.389	0.761	0.957
		2-3 units	-2.005 <sup>a</sup>	0.571	0.003
	2-3 units	6–7 units	1.980 <sup>a</sup>	0.642	0.011
		5 units	2.394 <sup>a</sup>	0.709	0.004
		4 units	2.005 <sup>a</sup>	0.571	0.003

<sup>&</sup>lt;sup>a</sup>. The mean difference is significant at the 0.05 level

the possibility of a correlation between speeding behavior and participant socio-demographics.

The participants filled out a post simulation survey after driving all six scenario sessions, noting the level and type of discomfort, if any, experienced during the simulation session and their experience using the driving simulator.

#### 4 Study data

Institutional Review Board (IRB) approval was received before participants were recruited for the study. Flier were distributed across Morgan State University (MSU), Towson University, Baltimore City and by word of mouth to invite participants for the study. Participants were compensated at the rate of \$15 per hour for their contribution to the study. They were notified that there would be consequences in the form of penalties for rash driving and getting involved in crashes, to ensure driving realism. Before the start of the simulation session, the participants were given the opportunity to become familiar with the driving simulator. The descriptive statistics of all the participants are shown in Table 2.

#### 5 Results and discussion

To identify the changes in average speed across the five phases for DMSs involving all units of information, a single factor ANOVA analysis was carried out. The descriptive statistics and the resulting ANOVA significance are shown in Table 3.

Only DMSs with 2–3 units of information were found to be statistically significant as seen in Table 3. A post hoc analysis (Table 4) revealed that participants increased their speeds as soon as they lost sight of the DMS. This possibly could be attributed to the brief moments during which the participants perceived the

message on the sign and then moved on as soon as they comprehended the message.

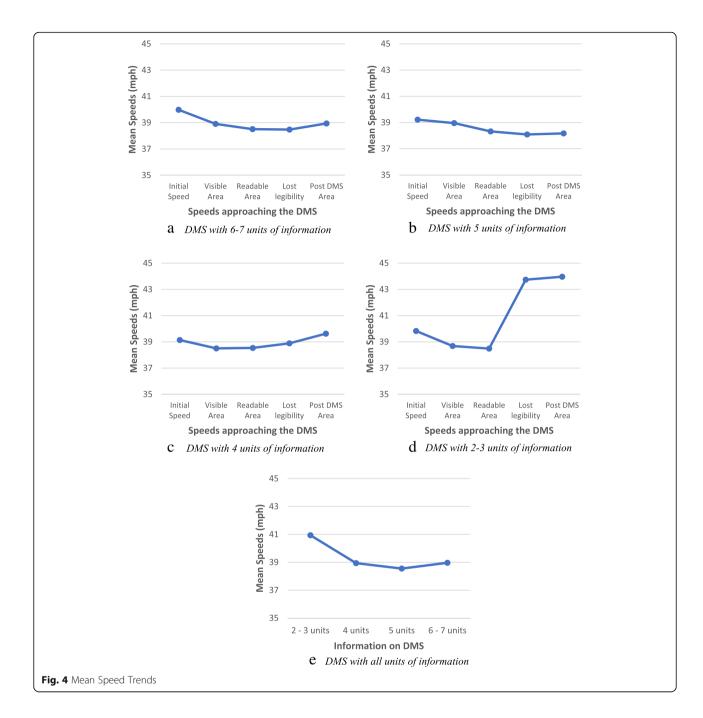
To determine the optimum number of units of information on a DMS, an ANOVA analysis was carried out comparing average overall speed across the five phases among the DMSs with different units of information. The descriptive statistics and the resulting ANOVA significance are shown in Table 5.

The changes in mean speed across all DMSs were found to be statistically significant as seen in Table 5. A post hoc analysis (Table 6) revealed that only DMSs with 2–3 units of information had statistically significant differences in mean speed. As mentioned earlier, this could possibly be attributed to the shorter time taken to perceive DMSs with 2–3 units of information compared to others. The difference in mean speed is at least around 2 mph over DMSs with more than 2–3 units of information.

The mean speed trends based on different units of information are shown in Fig. 4. The trends show the significant change in speed displayed by the participants encountering a DMS with 2–3 units of information, especially after passing the readable area.

To identify whether there is any correlation between mean speeds based on units of information on a DMS and sociodemographic characteristics of the participants, an ordinary least squares (OLS) regression was performed. The results of the OLS regression are shown in Table 7.

The constants are high compared to the coefficients which probably means that there are a lot more factors contributing to speed than just the factors considered in the model. When comparing DMSs with all units of information, young participants in the age group of 26-35 tend to speed more especially when DMSs consist of 2-4 units of information. This could possibly be attributed to younger participants perceiving messages faster. When encountering DMSs with 6-7 units of information, participants older than 55 tend to slow down as compared to the younger age group of 18-25. This could possibly mean that they take more time to perceive the amount of information on a DMS consisting of 6-7 units. Participants in the age group of 36-45 start lowering their speeds once they start encountering DMSs with 4 or more units of information. Although male participants slowed down more than female participants while they encountered 4 units of information, gender difference was not a factor of significance when comparing overall units of information. Additional OLS regressions were carried out on sociodemographic characteristics including income and education but were found to be insignificant and not included in the results.



#### **6 Conclusions**

This study investigated the influence of units of information on DMSs on driver speeding behavior, using a medium-fidelity driving simulator. A total of 296 simulation runs were conducted involving 65 participants from different socio-demographic backgrounds. In the post simulation survey, 98% of the participants agreed that the simulation session felt realistic. ANOVA and post-hoc analysis showed that the DMSs with 2–3 units of information were the most effective to prevent gradual drops in speed while drivers read the signs. Having

fewer units of information makes the DMSs easier and faster to perceive and thus can help move traffic faster. This result is consistent with the observations made by Chatterjee et al. [18] which revealed that, the simpler the information displayed on the DMS, the easier it is understood with an increased compliance from drivers. DMSs with more units of information cause drivers to slow down and this could increase congestion, which is consistent with observations from Guattari et al. [27] where complex messages led to greater reduction in speed; and by Jamson et al. [31] in which one or

Table 7 Ordinary least squares (OLS) regression results

	Coefficient	Std. Error	t-ratio	<i>p</i> -value
All units				
const	37.6030	1.75017	21.49	< 0.0001*
Male	0.852680	0.633566	1.346	0.1786
26 to 35	4.12656	0.850250	4.853	< 0.0001*
36 to 45	-0.178345	1.02615	-0.1738	0.8620
46 to 55	0.881788	0.975464	0.9040	0.3662
> 55 age	-1.03709	1.37046	-0.7567	0.4493
6–7 units				
const	35.5793	4.11774	8.640	< 0.0001*
Male	2.09607	1.24063	1.690	0.0924
26 to 35	0.205542	1.60506	0.1281	0.8982
36 to 45	-3.16696	1.83939	-1.722	0.0864
46 to 55	0.635486	1.66670	0.3813	0.7033
> 55 age	-5.54713	2.10955	-2.630	0.0091*
5 units				
const	42.0496	2.19147	19.19	< 0.0001*
Male	-1.25050	0.782958	- 1.597	0.1119
26 to 35	0.313431	0.875176	0.3581	0.7206
36 to 45	-0.0151478	1.15074	-0.01316	0.9895
46 to 55	0.831526	0.966787	0.8601	0.3908
> 55 age	1.98762	1.42122	1.399	0.1636
4 units				
const	37.3436	1.25707	29.71	< 0.0001*
Male	-1.05145	0.494319	-2.127	0.0341*
26 to 35	2.36136	0.707826	3.336	0.0009*
36 to 45	-2.85666	0.836796	-3.414	0.0007*
46 to 55	-0.665750	0.864182	-0.7704	0.4416
> 55 age	-0.953455	1.13846	-0.8375	0.4029
2-3 units				
const	38.3359	3.65360	10.49	< 0.0001*
Male	1.60923	1.30303	1.235	0.2173
26 to 35	7.05271	1.82269	3.869	0.0001*
36 to 45	0.796663	2.17824	0.3657	0.7147
46 to 55	2.05524	2.09469	0.9812	0.3269
> 55 age	-0.764986	3.23152	-0.2367	0.8129

<sup>\*</sup>Statistically significant as P < 0.05 at 95% Confidence Interval

two-line messages did not interrupt the driving performance contrary to the four-line ones that led to reduction in speed and increased headway. It was seen in this study that having 6–7 units of information on a DMS prompts older drivers to slow down. Thus, having fewer units of information to convey the appropriate message will possibly help older drivers comprehend the messages faster, without a gradual decrease in a speed. Based on the findings of this study, the authors propose that

DMSs with 2–3 units of information should be displayed on high-speed arterials and freeways so that drivers can comprehend them faster without slowing down. DMSs with more than 3 units of information can be used on roads which have heavy traffic or during peak hours when change in speed would not be an issue. Pilot studies should be carried out to evaluate and corroborate the findings of this study. Future studies would involve validating the results of this driving simulator study by comparing it with real world data.

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Authors' contributions

Study conception and design: SB, MJ, DB; Data collection: SB, DB, NK; Analysis and interpretation of results: SB, MJ; Draft manuscript preparation: SB, NK, MJ. All authors reviewed the results and approved the final version of the manuscript.

#### Competing interests

The authors declare that they have no competing interests.

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